

Other Resources/Helpful Websites

■ Medicare Helpline

For help with understanding your Part D prescription drug options and for questions about Medicare: 1.800.MEDICARE (1.800.633.4227) or TTY/TDD 1.877.486.2048 (24 hours a day/7 days a week)

Medicare Website

www.Medicare.gov

Links to some of the informative documents available on this site:

Medicare & You 2011

<http://www.medicare.gov/Publications/Pubs/pdf/10050.pdf>

Understanding Medicare Enrollment Periods

<http://www.medicare.gov/Publications/Pubs/pdf/11219.pdf>

Document that provides an overview of the Medicare website

<http://www.medicare.gov/Publications/Pubs/pdf/10108.pdf>

■ Social Security Administration

If you have questions about Medicare eligibility, Social Security retirement benefits, or eligibility for financial help with prescription drug coverage: 1.800.772.1213 or TTY/TDD 1.800.325.0778 (7 a.m. to 7 p.m., Monday - Friday)

Social Security Administration Website

www.socialsecurity.gov

www.consumer.gov

This site has federal consumer information, including health and health care quality information.

www.healthfinder.gov

This site has reliable health information from many sources to help people stay healthy, understand diagnoses, explore treatment options, and find support.

www.nihseniorhealth.gov

The NIH SeniorHealth website containing information for older adults was developed by the National Institute on Aging and the National Library of Medicine, both part of the National Institutes of Health. This website contains a wide range of information on many health topics including: Alzheimer's Disease, Arthritis, Balance Problems, Breast Cancer, Colorectal Cancer, Diabetes, Exercise for Older Adults, Hearing Loss, Lung Cancer, Prostate Cancer, Taking Medicines, and many more.